



Iowa Department of Human Services

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INFORMATIONAL LETTER NO.1499

DATE: April 20, 2015

TO: Iowa Medicaid Hospitals, Physicians, Advanced Registered Nurse Practitioners, Clinics, Federally Qualified Health Centers (FQHCs), Dentists, Rural Health Clinics (RHCs) and Indian Health Service (IHS) Providers

FROM: Iowa Department of Human Services, Iowa Medicaid Enterprise (IME)

RE: Healthy Behaviors Expansion

EFFECTIVE: January 1, 2015

The Healthy Behaviors program for both the Iowa Wellness Plan and the Iowa Marketplace Choice Plan was announced in [Informational Letter 1387](#)¹. The letter described the program and indicated members should complete the two Healthy Behaviors in order to waive monthly contributions (premiums) for their subsequent year of eligibility.

Those behaviors are defined as: obtaining a wellness exam and completing a Health Risk Assessment. [Informational Letter 1425](#)² originally defined the wellness exam, also known as a preventive wellness visit and the related Common Procedural Terminology (CPT) codes used for billing the IME for the exam/visit.

Based on provider feedback, the IME is expanding upon the services accepted as a preventive wellness visit to include preventive **dental** exams. This expansion will allow members more flexibility to determine which service is most appropriate to establish their healthy behaviors.

This change is retroactive to January 1, 2015, and the IME will be working with Delta Dental (the Dental Wellness Plan payer) to track and report completed dental exams for the Marketplace Choice Plan and Iowa Wellness Plan members during calendar year 2015.

This policy is intended to encourage member responsibility in proactive management of their own health, balanced with recognition that health care providers know best how to treat their patients.

¹<http://dhs.iowa.gov/sites/default/files/1387%20Healthy%20Behaviors%20under%20the%20Iowa%20Wellness%20Plan%20and%20Markerplace%20Choice.pdf>

²<https://dhs.iowa.gov/sites/default/files/1425%20Healthy%20Behaviors%20Wellness%20Exam.pdf>

A preventive dental exam is defined by the codes listed below:

Dental Codes Accepted for Preventive Services During the Reporting Period 1/1/2015-12/31/2015	
Oral Evaluation Codes	
D0120	PERIODIC ORAL EVALUATION
D0140	LIMITED ORAL EXAMINATION
D0150	COMPREHENSIVE ORAL EXAMINATION
D0180	COMPREHENSIVE PERIODONTAL EXAM

As always, member eligibility must be verified at the time of service. If you have any questions please contact the IME Provider Services Unit at 1-800-338-7909, or locally in Des Moines at 515-256-4609 or email at imeproviderservices@dhs.state.ia.us.